

# Synastry Chart: How the Energies Go Together

*Lean into these when  
times are tough*

## HARMONY = COMFORT

### TRINE 120° angle Same Element

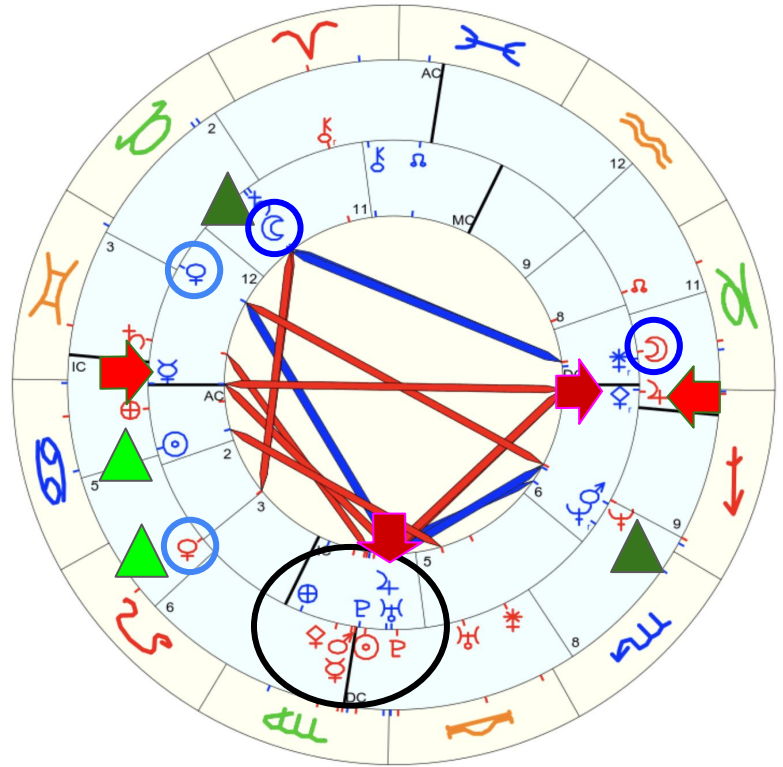
*Flow, Harmony, Compatible perspectives*  
When life is easy, enjoy the peace and fun  
When things are hard, lean on this to heal

### SEXTILE 60° angle Compatible Elements

*Learning, Interest, Curiosity*  
Get the hang of how to support each other  
Stimulating and fun to experiment and improve  
A place to make quick progress during challenges

### CONJUNCTION less than 10° apart Same Sign

*Overlapping energies, on the same page*  
Lean into shared values and approach, enjoy having something in common  
A good place to support growth and find consensus during disagreements or decisions



## CHALLENGES = GROWTH

### OPPOSITION 180° angle Same Modality, Compatible Elements

*Approaches cannot be exercised at the same time*  
Alternate, let each partner can express their energy  
Appreciate each other's approaches, find a compromise

### SQUARE 90° angle Same Modality

*Tension, Challenge, Obstacles*  
Explore the issue, make a specific plan, and work together  
Don't blame or keep score - have fun storming the castle!

*These require patience,  
problem-solving, and  
humor*

## LITTLE COMPATIBILITY = EMPATHY DISCONNECT

### AVERSE 30° / 150° angle Nothing in Common

*Don't see the point, Hard to understand the each other's perspective*  
When life is easy, take time to explore the other point of view  
When things are hard, communicate intensively to understand, don't dismiss!

*These need the most  
attention! Work hard to  
respect even if you  
don't understand.*